

## Week 2 : 05 to 09 January

	Monday	Tuesday	Wednesday	Thursday	Friday	
					Maternelle	Elémentaire Secondaire Enseignant
 <b>Main Dish</b>		Chicken breaded with corn flakes, green peas, yellow rice (Allergens : 1 wheat-3-7 )	Penne with meat ball and tomato sauce (Allergens : 1 wheat wheat wheat-7)	Tartiflette (pork), salad mix (Allergens : 1 wheat wheat-7-1 wheat wheat2 )	Chicken nugget, roasted potatoes, mix vegetable (Allergens1 wheat-3-7)	Kebab plate with pita bread, lettuce, tomato, roasted potatoes (Allergens : 1 wheat wheat-7-9)
 <b>Vegetarian</b>	NO SCHOOL	Fricadelle Vegetarian green peas, rice (Allergens : 1 wheat-3-7 )	Penne with tomato sauce (Allergens : 1 wheat)	Veggie tartiflette, salad mix (Allergens : 1 wheat wheat-7 )	Falafel, roasted potatoes, mix vegetable (Allergens : 1 wheat wheat-7-9)	Falafel with pita bread, lettuce, tomato, roasted potatoes (Allergens : 1 wheat wheat-7-9)
 <b>Street food</b>		Panini ham and cheese with green pesto (Allergens : 1 wheat wheat-3-7 )	Penne with meat ball and tomato sauce (Allergens : 1 wheat wheat wheat-7)	Fish and chips With remoulade sauce (Allergens : 1 wheat wheat-4-7 )		Kebab plate with pita bread, lettuce, tomato, roasted potatoes (Allergens : 1 wheat wheat-7-9)
 <b>Dessert</b>		Chocolate yogurt (Allergens : 1 wheat wheat-3-6-7 )	Fruit salad	Vanilla Grec yogurt (Allergens : 7 )	Galette des rois with apple (Allergens : 1 wheat wheat wheat-7 )	Galette des rois with apple (Allergens : 1 wheat wheat wheat-7 )



## Week 3 : 12 to 16 January

	Monday	Tuesday	Wednesday	Thursday	Friday	
					Maternelle	Elémentaire Secondaire Enseignant
	Omelet with turkey & cheese, cereal mix, broccoli (Allergens : 1 wheat-3-7)	Chili con carne (beef), red beans, corn & rice (Allergens : 6-7-9)	Coquille with turkey (Allergens : 1 wheat-7)	Pork Orloff, Mix vegetable, grenaille potatoes (Allergens : 1 wheat-6-7-9)	Fish stick with remoulade sauce, yellow rice (Allergens : 1 wheat-3-4-10)	Chicken Nuggets with French fries (Allergens : 1 wheat-3-4-10)
	Omelet with cheese, cereal mix, broccoli (Allergens : 1 wheat-3-7)	Veggie chili, corn & rice (Allergens : 7)	Coquille with cheese sauce (Allergens : 1 wheat-7-9)	Breaded Camembert, grenaille potatoes, salad mix (Allergens : 1 wheat-3-7)	Galette with quinoa and goat cheese, yellow rice (Allergens : 1 wheat-3-7)	Mozzarella cheese stick, french fries (Allergens : 1 wheat-wheat-3-7)
	Quesadillas with beef and cheese (Allergens : 1 wheat-7)	Chicken drumstick, corn & rice (Allergens : 1 wheat-3-6-7-9)	Coquille with turkey (Allergens : 1 wheat-7)	Gourmet hot dog, coleslaw, roast potatoes (Allergens : 1 wheat-3-7-10)		Chicken Nuggets with French fries (Allergens : 1 wheat-3-4-10)
	Caramel flan (Allergens : 3-7)	Fresh fruit Banana	White yogurt with Red fruit (Allergens : 7)	Brownies (Allergens : 1 wheat-3-6-7)	Vanilla yogurt (Allergens : 1 wheat-3)	Vanilla yogurt (Allergens : 1 wheat-3)



## Week 3 : 19 to 23 January

	Monday	Tuesday	Wednesday	Thursday	Friday	Elémentaire Secondaire Enseignant
	Winner sausage, polenta with tomato sauce, green beans (Allergens : 7 )	Braised ham hock (pork), sauerkraut, steam potatoes (Allergens : 1 wheat wheat-3-6-7-9)	Cappelletti with 5 cheeses (Allergens : 1 wheat-3-7-9)	Turkey curry stew, green tagliatelle, wok vegetables (Allergens : 1 wheat-3-6-7-9-10)	Colin Filet Leek fondue, Yellow rice (Allergens : 1 wheat wheat-4-7 )	Mexican buritos (beef) rice ,corn, guacamole (Allergens : 1 wheat-9)
	Vegetable brick, mashed potatoes, green beans (Allergens : 1 wheat wheat)	Stuffed mushroom and red pepper bell, steam potatoes (Allergens : 1 wheat -3-7 )	Cappelletti with 5 cheeses (Allergens : 1 wheat wheat-3-7-9)	Italian salad (tomato – mozzarella – green pesto penne) (Allergens : 1 wheat-3-7)	Vegetarian Samoussa, yellow rice (Allergens : 1 wheat-7 )	Mexican buritos (quorn) rice ,corn, guacamole (Allergens : 1 wheat-9)
	Club Sandwiches (turkey) Mix salad (Allergens : 1 wheat-3-7)	Oriental tabbouleh (semolina –tomatoe – corn – red onion- fresh herb) (Allergens : 1 wheat)	Cappelletti with 5 cheeses (Allergens : 1 wheat-3-7-9)	Pizza baguette (turkey and mozzarella) (Allergens : 1 wheat-7)		Mexican buritos (beef) rice ,corn, guacamole (Allergens : 1 wheat-9)
	Fruit yogurt (Allergens : 1 wheat )	Fruit compote	White yogurt with speculoos topping and chocolate coulis (Allergens : 1 wheat )	Vanilla eclair (Allergens : 1 wheat-3-7)	Fruit salad	Fruit salad



## Week 4 : 26 to 30 January

	Monday	Tuesday	Wednesday	Thursday	Friday	
					Maternelle	Elémentaire Secondaire Enseignant
	Cordon bleu, broccoli, mix cereal (Allergens : 1 wheat-6-7-9 )	Shrimp curry with coconut milk, coral lentil, basmati rice (Allergens : 1 wheat-2-3-7-9)	Gnocchi with green pesto (Allergens : 1 wheat-7)	Chicken with mushroom and bacon sauce, Eierknöpfe, pan-fried mushrooms (Allergens : 1 wheat-7-9)	Ground beef, roasted potatoes and carrot (Allergens : 1 wheat-7)	Gourmet beef burger, roasted potatoe (Allergens : 1 wheat-7)
	Loempia, broccoli, chinese noodle (Allergens : 1 wheat-7-9 )	Curry vegetable with coconut milk,basmati rice (Allergens :1 wheat-3-7)	Gnocchi with green pesto (Allergens : 1 wheat-7)	Veggie bouchée à la reine (quorn) with salad mix (Allergens : 1 wheat-7-9)	Veggie steak, roasted potatoes and carrot (Allergens : 1 wheat-6-7)	Veggie burger, roasted potatoes (Allergens : 1 wheat-7)
	Greek salad with feta cheese (Allergens :1 wheat-3-7)	Chicken burger, potatoes (Allergens :1 wheat-3-7)	Gnocchi with green pesto (Allergens : 1 wheat-7)	Squid fritters, chinese noodle and asian vegetable (Allergens :1 wheat-3-4-7)		Gourmet beef burger, roasted potatoes (Allergens : 1 wheat-7)
	Chocolate yogurt (Allergens : 1 wheat -3)	Ille flottante (Allergens : 3-7 )	Fruit yogurt (type petit Suisse) (Allergens : 1 wheat)	Apple crumble tart (Allergens : 1 wheat -3)	Fresh fruit Pear	Fresh Fruit Pear



# Week 5 : 02 to 06 FEBRUARY

	Monday	Tuesday	Wednesday	Thursday	Friday	
	Chandeleur 				Maternelle	Elémentaire Secondaire Enseignant
 Main Dish	Turkey stew, yellow rice, mix of vegetable (Allergens : 1 wheat-3-7)	Gyros of turkey, white cabbage, roasted potatoes (Allergens : 1 wheat-7-9)	Linguine à la carbonara (pork) (Allergens : 1 wheat-7)	Steak of turkey, ratatouille, penne (Allergens : 1 wheat-9 )	Fish stick, remoulade sauce, spinach, bulgur (Allergens : 1 wheat-3-4-7 )	Pizza marguerita (Allergens : 1 wheat-7)
 Vegetarian	Carrot & peas cream pancake (Allergens : 1 wheat-3-7)	Brick of vegetable and coat cheese Salad Mix Roasted potatoes (Allergens : 1 wheat-7 )	Linguine with red pesto sauce (Allergens : 1 wheat-7)	Omelet with fresh herbs, ratatouille, penne (Allergens :1 wheat-3-7-9 )	Vegetable frikadelle, spinach, bulgur (Allergens : 1 wheat-3)	Pizza marguerita (Allergens : 1 wheat-7)
 Street food	Shrimp beignet, sweet and sour sauce, sweet potatoes fries (Allergens : 1 wheat-2-3-7-9 )	Cod fritters and onion ring with remoulade sauce (Allergens : 1 wheat-3-4-7 )	Linguine à la carbonara (pork) (Allergens : 1 wheat-7)	Bao with chicken meat, mix salad (cucumber – salad – tomato) (Allergens : 1 wheat-3-6-7-9)		Pizza marguerita (Allergens : 1 wheat-7)
 Dessert	Pancake with sugar (Allergens : 1 wheat-3-7)	Fruit yogurt (Allergens : 7)	Fruit Salad	Strawberry grec yogurt (allergens : 7)	Fruit compote	Fruit compote



## Week 6 : 9 to 13 FEBRUARY

	Monday	Tuesday	Wednesday	Thursday	Maternelle	Elémentaire Secondaire Enseignant
 <b>Main Dish</b>	Chicken cordon bleu, yellow rice, beans (Allergens : 1 wheat-3-6-7-9)	Roast of pork flageolet and carrots, grenaille potatoes (Allergens : 1 wheat-3-6-7-9)	Bolognese Lasagna (Allergens : 1 wheat wheat-3-7)	Shepherd's pie (beef and pork), mix vegetable (Allergens : 1 wheat-3-7)	Meat balls with tomato sauce, polenta ,courgetti (Allergens : 1 wheat-3-7)	Gourmet hot dog, carrots fries (Allergens : 1 wheat-3-7-10)
 <b>Vegetarian</b>	Stuffed mushroom and pepper bell (Allergens : 1 wheat-3-7)	Vegetables in Wellington, brown juice Mix salad (Allergens : 1 wheat-3-6-7-9)	Tomato & mozzarella Lasagna (Allergens : 1 wheat wheat-3-7)	Vegetable curry with wheat (Allergens : 1 wheat-6-7 )	Moussaka with quorn (Allergens : 3-6-7)	Veggie hot dog, carrots fries (Allergens : 1 wheat-3-7-10)
 <b>Street food</b>	Pumpkin falafelle, mix cereal (Allergens : 1 wheat-3-6-7)	Seafood salad (Shrimp – avocado – pasta with galic and herbs – salad – mix vegetable) (Allergens : 1 wheat-2-7)	Bolognese Lasagna (Allergens : 1 wheat wheat-3-7)	Wrap smocked salmon (cream cheese / cucumber / salad) (Allergens : 1 wheat-4-7)		Gourmet hot dog, carrots fries (Allergens : 1 wheat-3-7-10)
 <b>Dessert</b>	Fresh fruit Apple	Natural yogurt with sugar (Allergens : 7)	Fruit compote	Normand tart (Allergens : 1 wheat-3-7)	Pana cotta with red fruit coulis (Allergens : 1 wheat-3-7)	Pana cotta with red fruit coulis (Allergens : 1 wheat-3-7)

